

# FEVERFEW

*(Tanacetum parthenium)*

## *Clinical Summary*

### **Actions**

- Anti-inflammatory
- Bitter
- Emmenagogue
- Anthelmintic
- Anti-allergic
- Antispasmodic
- Analgesic
- Vasodilator

### **Indications**

- Migraine including treatment and prophylaxis
- Anxiety
- Allergies/sensitivities
- Arthritis, endometriosis, menopausal symptoms

### **Traditional Use**

Traditionally feverfew has also been used to treat coughs and colds, fevers, atonic dyspepsia, worm infestation, menstrual disorders, nervous debility, joint pain and headaches.

### **Energetics**

Cool, bitter.

### **Constituents**

Monoterpenes, sesquiterpenes, sesquiterpene lactones (including parthenolide), melatonin, tanetin (a lipophilic flavonoid glycoside).

### **Use in Pregnancy**

Contraindicated until safety can be better established.

### **Contraindications and Cautions**

Not to be used in by people with hypersensitivity to plants in the daisy (Asteraceae/Compositae) family (e.g. chamomile, ragweed).

### **Drug Interactions**

Caution with anticoagulant/antiplatelet (such as warfarin) drugs.

### **Administration and Dosage**

Liquid extract 1:5 in 40% alcohol  
5 to 25mL weekly