

FEVERFEW

(Tanacetum parthenium)

Clinical Summary

Actions

- Anti-inflammatory
- Bitter
- Emmenagogue
- Anthelmintic
- Anti-allergic
- Antispasmodic
- Analgesic
- Vasodilator

Indications

- Migraine including treatment and prophylaxis
- Anxiety
- Allergies/sensitivities
- Arthritis, endometriosis, menopausal symptoms

Traditional Use

Traditionally feverfew has also been used to treat coughs and colds, fevers, atonic dyspepsia, worm infestation, menstrual disorders, nervous debility, joint pain and headaches.

Energetics

Cool, bitter.

Constituents

Monoterpenes, sesquiterpenes, sesquiterpene lactones (including parthenolide), melatonin, tanetin (a lipophilic flavonoid glycoside).

Use in Pregnancy

Contraindicated until safety can be better established.

Contraindications and Cautions

Not to be used in by people with hypersensitivity to plants in the daisy (Asteraceae/Compositae) family (e.g. chamomile, ragweed).

Drug Interactions

Caution with anticoagulant/antiplatelet (such as warfarin) drugs.

Administration and Dosage

Liquid extract 1:1 in 60% alcohol
1 to 5mL weekly