

HERBAL HEAD COLD

Practitioner Quality Compound

Clinical Summary

Active Ingredients

Each 10mL contains extracts equivalent to:

Elder Flowers (<i>Sambucus nigra</i>)	2100mg
Eyebright (<i>Euphrasia officinalis</i>)	1050mg
Echinacea (<i>Echinacea purpurea</i>)	1050mg
Ribwort (<i>Plantago lanceolata</i>)	840mg
Yarrow (<i>Achillea millefolium</i>)	700mg
Lime Flowers (<i>Tilia cordata</i>)	700mg
Calendula (<i>Calendula officinalis</i>)	420mg
Cinnamon (<i>Cinnamomum verum</i>)	210mg

Also contains:

Aniseed Oil (*Pimpinella anisum*)
Glycerol

Indications

- Treatment and prophylaxis of upper respiratory tract infections
- Take at the first sign of the common cold

Overview

- May reduce duration and intensity of upper respiratory tract infections
- Immune system support
- Anti-inflammatory and antioxidant
- Diaphoretic, lymphatic, warming circulatory stimulant
- Reduces body aches, headaches, congestion and inflammation
- Relieves congestion and soothes inflamed URT mucous membranes

Administration and Dosage

Take 10mL twice daily in juice or water before food or as directed by your healthcare practitioner.

“Herbal Head Cold contains anti-viral, anti-microbial and anti-bacterial herbs as well as diaphoretic, anti-inflammatory, anti-catarrhal and mucolytic herbs. These combined actions may help to fight infections of the upper respiratory tract.”